

Abstract**Extended Interfaced, Under & Around Chin, Head Support System for Resting while Sitting**

A head support system for supporting the user's head in an at least generally upright disposition, while the user, for example, naps or sleeps or otherwise rests while traveling sitting in a seat. The head support element (1) interfaces with the underside of and, preferably, up and around the front of the chin, *i.e.*, the mental protuberance with its central cleft, and underneath the user's chin and from side-to-side of and along side the chin, *i.e.*, the mandible body, in "face-to-face" surface engagement over a relatively large area, essentially forming a supportive cup for the chin, with a self-supporting but soft, solid block of molded, supportive material having an oblong shape with a reduced sized central portion (10) for hand grasping, with its angled, flat bottom (31) resting centrally on the central upper chest area of the user, preferably over and across the manubrium sterni area, with an anchoring strap (41) positioned, for example, around and about the back of the user's neck. The support element is at least generally "Y" shaped with a laterally enlarged base (30) when viewed from the front (**Fig. 2**). The anchoring strap subsystem (40) includes a "break-away" string-like line (42) attached to the strap with terminal ends (42a/42b) that extend to the front loosely connected to the block and extend through and past a push-button/barrel lock (43).